

AMERICAN RED CROSS ADULT FIRST AID/CPR/AED



2021 Schedule:

May 13
June 10
July 8
August 12
September 9
October 14

Class Hours:

8:00 am - 1:30 pm

Where:

Great Lakes Safety Training Center
1900 Ridgewood Drive, Midland, MI

Contact Information:

989-837-2332 | www.glstc.org
enrollment@glstc.org

Pricing:

Member - \$87
Non-Member - \$103

The above prices are for classes held at GLSTC. If you'd like a class conducted at your facility, please contact us for a quote.

Class dates and prices are subject to change. Please contact GLSTC to verify class availability.

Why should I take Adult First Aid/CPR/AED?

This course is designed to help students recognize and respond appropriately to emergency medical situations including cardiac, breathing and first aid emergencies for persons age 12 years or older.

American Red Cross certification will be issued and is valid for two years.

What skills will you learn in this training?

- How to check a conscious and unconscious adult
- Heart attack symptoms
- Cardiopulmonary resuscitation (CPR)
- Automated external defibrillator (AED)
- Choking
- Severe bleeding
- Sudden illness
- Stroke
- Shock
- Heat and cold emergencies
- Burns
- Muscle, bone and joint injuries
- Head, neck and spinal injuries